

Moreton Bay Region

First 1000 Days

Strategy Plan

2018 – 2020

Table of Contents

Acknowledgement	Page 3
Executive Committee Pledge Statement	Page 4
Executive Committee Summary	Page 5
About the Moreton Bay First 1000 Days Strategy Plan	Page 6
About First 1000 Days Australia	Page 7
The Charter of Rights for Children Yet to Be Conceived	Page 10
Executive Committee Commitment	Page 11
Our Priorities	Page 11
Who are we?	Page 12
Our Vision and Aims	Page 13
Our Values	Page 14
Development Process	Page 15
Governance	Page 16
Wunya Baby to Country Ceremony	Page 17
Wunya Child to Country Ceremony	Page 18
A-HA (Aspirations-Hopes-Achieve)	Page 19
Peer Researchers become Life Coaches	Page 20
Deadly Dads	Page 21
Black Coffee-Indigenous Business Network	Page 22
How will Moreton Bay First 1000 Days continue?	Page 23
Acknowledgement to All involved	Page 24
Document Authors	Page 25

“Our children have a right to be cared for with love and raised to be strong and proud in their Culture”.

<https://www.facebook.com/first1000daysmoretonbay/>



Acknowledgment

We, the Moreton Bay First 1000 Days Executive Committee acknowledge that the work that we are doing is happening on the Lands and Waterways on Country where the Traditional Custodians are the Kabi Kabi/Gubbi Gubbi, Jinibara and Yuggera Peoples, and offer our respect to their Elders, past, present and the emerging Future Elders.

Please Note:

Aboriginal and Torres Strait Islander Peoples are advised that this document may contain images of deceased people



Moreton Bay First 1000 Days Executive Committee

OUR PLEDGE

The Moreton Bay First 1000 Days Executive Committee pledges to continue to support Aboriginal and Torres Strait Islander families that attend our services by delivering programs that include culture, connection, and that empowers them to develop a sense of belonging to the community in which they live.

Through this collaboration we pledge our commitment to develop connections to culture and place that enable our current and Future Elders to build strong families and communities.



Executive Committee Summary

Dear Community & Organisational Members of Moreton Bay Region,

The Moreton Bay First 1000 Days Executive Committee would like to acknowledge the Kabi Kabi/Gubbi Gubbi, Jinibara and Yuggera Peoples, the Custodians of the Lands that we live, work and play upon. We pay our respects to Elders, past, present and to the emerging Future Elders in the Moreton Bay Region.

We would like to take this opportunity to introduce the Moreton Bay Region Strategy Plan to highlight the impact that has been achieved within the region during 2018, continued throughout 2019, and our vision for the future in 2020.

On behalf of the Moreton Bay First 1000 Days Executive Committee and Working Groups, we extend our thanks and acknowledgement to the organisations that have embraced the First 1000 Days Australia model and for their input into the development of this Strategy Plan.

Acknowledgement also goes to Professor Kerry Arabena for her contribution, her First 1000 Days Australia philosophy and vision. We would also like to acknowledge the University of Melbourne for their support during the implementation of the First 1000 Days Australia initiative throughout the Moreton Bay Region.

We, the Moreton Bay First 1000 Days Executive Committee look forward to continuing this exciting journey with families and community members and aspire to develop and implement this 2018-2020 Strategy Plan.

Yours Sincerely,

The Moreton Bay First 1000 Days Executive Committee



About the Moreton Bay First 1000 Days Strategy Plan

First 1000 Days Australia is an Aboriginal and Torres Strait Islander led model that emphasises the positive strengths of Aboriginal and Torres Strait Islander families, and advocates for their right to raise their children in a well-supported, culturally informed environment.



This Strategy has been developed by several organisations and people (refer to page 18) that work and live in the Moreton Bay Region, whilst others have supported and guided the work of community and organisations in the Moreton Bay North Region.

Everyone that has been involved have been invested in to this new way of approaching Aboriginal and Torres Strait Islander Peoples' health and wellbeing, and giving our babies the best start in life, by utilising the First 1000 Days Australia model.

This strategy recognizes all the work that has gone before, particularly the efforts and sacrifice of community leaders who have dedicated themselves to achieving equity and justice for Aboriginal and Torres Strait Islander Peoples. It directly aligns with the strategic directions and principles outlined in the Queensland Government's - Supporting Families Changing Futures - *Our Way- A generational strategy for Aboriginal and Torres Strait Islander children and families 2017-2037*. <https://www.communities.qld.gov.au/resources/campaign/supporting-families/our-way.pdf>

First 1000 Days Australia approach has provided:

- a fresh approach to shift the prevailing social determinants that impact on the health and wellbeing of our local community, particularly our children;
- a clear need to find a new way of doing things that acknowledges the inherent strengths, resilience and capacities of Aboriginal and Torres Strait Islander peoples – a way of doing things that is led by, and respects, Aboriginal and Torres Strait Islander ways of knowing, being and doing.

First 1000 Days Australia, developed by the University of Melbourne's Indigenous Health Equity Unit, in collaboration with key stakeholders from Aboriginal and Torres Strait Islander organisations, community health groups, other research institutions and Government partners, takes a cultural view.

'It is family oriented and acknowledges that our babies are the future Elders and wisdom holders of the community. For culture to thrive and to be passed down through the generations, we need healthy Elders. That starts with our new families.'

To have a real impact on reducing the rates of chronic mental, social and physical illnesses, we need to create conditions where:

- families are safe,
- loved,
- respected,
- free to be strong and proud in their culture.

For present culture to thrive we must look after our current Elders and bring new ones into a world where they are safe, healthy and culturally strong.



First 1000 Days Australia

The health and wellbeing of Aboriginal and Torres Strait Islander children in Australia, as well as other Indigenous child populations, cannot be addressed without also taking a broader, holistic and cultural perspective.

The internationally recognised '1,000 Days' movement was established to improve maternal and infant nutrition from a child's conception through to their second birthday. With a focus on reducing malnutrition – now well recognised as causing irreversible damage to a child's neurological, immune and physical development – and maternal anemia during the first 1000 days, the movement combines evidence-based medical care and social support to address the United Nations Sustainable Development Goals (sustainabledevelopment.un.org).

The First 1000 Days Australia model, while recognising the implications of nutrition, has a broader focus that recognises the fundamental importance of culture as a primary protective factor for babies from pre-conception. It also acknowledges the crucial and significant role of men in raising healthy, happy children who can fulfil their future roles as community Elders.

The model's major foundational premise is that:

'Family remains the primary and preferred site for developing and protecting culture and identity in Aboriginal and Torres Strait Islander children.'



First 1000 Days Australia approach was guided by the “Charter of Rights for Children Yet to Be Conceived”, and “Our Men, Our Shields” belonging and hope position statements (first1000daysaustralia.com/position-statements), reflecting the Strategies:

1. Multigenerational approach, focusing on infants, young people, mothers and fathers, carers and grandparents;
2. Intentional engagement of fathers and young men during their transition to becoming fathers;
3. Holistic family-focused interventions for the life-course.

These three approaches focus on:

(a) **Family environment:** encouraging the use of strengths-based approaches in raising resilient children; having access to effective information and support for families to enhance relationships between children and parents; and addressing family violence, using a whole-of-family healing approach.

(b) **Antenatal and early years engagement:** including pre-conception and family planning; nutritional programs; awareness of developmental milestones; counselling; early learning and education; and family strengthening programs.

(c) **Access to culturally appropriate services:** service use and provision focusing on capacity building with Aboriginal and Torres Strait Islander parents, families and the workforce during the first 1000 days inclusive of the goals and aspirations of Aboriginal and Torres Strait Islander families.



First 1000 Days Australia's - 'Charter of Rights for Children Yet to Be Conceived':

The First 1000 Days Australia Council appreciates that parenting is a skill learned from being parented and is specific to the demands of a particular way of life. The Council also understands there are families who experience social and health inequities.

However, every child can rightfully expect to be born into families who:

1. Choose to become parents at a time when they are resourced and supported to provide optimum care for the child who will be born to them.
2. Seek appropriate preventative and early intervention medical and cultural supports prior to, during, and after the First 1000 Days.
3. Can nourish them in the mother's womb with good quality nutrition, free from alcohol, smoke and the experience of violence.
4. Have loving expectations of them, are hopeful about their future, and help them to achieve their life aspirations in powerful and tender ways.
5. Participate in their education from birth to ensure that personal aspirations are nurtured and aligned with our peoples' cultural values, responsibilities and entrepreneurial spirit.
6. Provide an appropriately stimulating environment, age-appropriate games, and the ability to grow with siblings and family members who themselves are capable of experienced and knowledgeable caring and parenting.
7. Know who they are, where they come from, who they are connected to, who loves them, who advocates for them, who listens to them, and who is responsible for them – culturally, morally, physically, spiritually and emotionally.

8. Are part of a healthy, vibrant society shaped by strong kinship relationships and a resilient culture, in which all members thrive, flourish and enjoy the same opportunities as other Australians – without being made the same.

9. Have healed and broken free from trans-generational trauma and are able to transform harmful experiences into a positive future for their children and grandchildren.

10. Have the capacity to celebrate their children and offer them ceremonies, rituals, language, songs, stories and environments that strengthen their resilience, encourage their growth and support their choice of identity.



Our Priorities

Moreton Bay First 1000 Days Executive Committee priorities will continue to support the Wunya Baby and Wunya Child to Country Working Groups to continue to assist the families we work with.

TO DO THIS WE WILL:

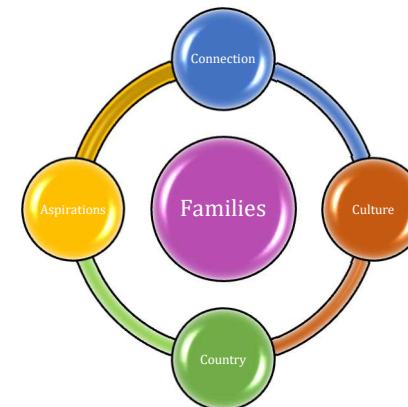
Advocate for the Rights of Children Yet to Be Conceived by promoting a whole-of-community approach to birthing Future Elders. This will confirm children can be born with Connection to the Country where they live, encourage Culture as a protective factor and support parents to achieve their Aspirations and Hopes.

We aim to continue to strengthen our services by showcasing the importance of Connection to Culture and Country within our organisations, and to recognise that individual families have Aspirations and Hopes.

TO DO THIS WE WILL:

Advocate to community representatives and organisations to respond to the Moreton Bay community aspirations by supporting initiatives and activities that strengthen Connection to Culture, Country and Spirit.

1. **Families** - of our Future Elders are well connected to the services and programs offered in the Moreton Bay Region.
2. **Connection** - to community services which are visible and available for every family with a child/ren in their First 1000 Days.
3. **Culture** - families and our Future Elders have opportunity to connect to their cultural identity through the Wunya Baby to Country Ceremony and the Wunya Child to Country Ceremony and community activities.
4. **Country** - our Future Elders born on and live upon Kabi Kabi/Gubbi Gubbi, Jinibara and Yuggera Country are Welcomed and Acknowledged by the Traditional Custodians.
5. **Aspirations and Hopes** - of our children and families are supported to be identified and supported to be achieved.



Who has been involved?

Regional Implementation Working Group Members	
Elders	Community
Department of Child Safety, Youth and Women	Child and Youth Community Health Service
Department of Housing and Public Works	The Health Alliance
C&K – Childcare & Kindergarten – Bradman Street Community Long Day Care	Moreton Bay Regional Council
Caboolture Early Years Place	yourtown
Brisbane North PHN	IFYS – Integrated Family and Youth Service
Anglicare	Australian Red Cross
Department of Aboriginal and Torres Strait Islander Partnerships	Mindle Bygul
Department of Prime Minister and Cabinet	Deadly Dads Men’s Group
First 5 Forever - Moreton Bay Region Libraries	Learning and Literacy Outreach Program- Deception Bay Communities for Children
University of the Sunshine Coast	Caboolture Hospital



The Moreton Bay First 1000 Days Executive Committee and Working Groups representatives have been working on behalf of families of our Future Elders to develop this Strategy and have listened to and are willing to support them to achieve their aspirations.

OUR VISION:

Our children have a right to be cared for with love and to be raised strong and proud in their culture.

Every child is a gift to their family and their community and is a Future Elder of the community that they live. Our children deserve to be raised by parents/carers who love them, who are proud of them and who can give them the best start in life. We aspire to create circumstances in which more of our Future Elders can be born and raised in strong families where culture is thriving.

OUR AIMS:

The Moreton Bay First 1000 Days Executive Committee and Working Groups' Strategy aims to identify the aspirations of families and cultivate and share the power of our **cultural knowledge**, **our resilience** and our **capacity for innovation**. We will work with future and current parents/carers, their families and communities in our region to ensure they:

- have the opportunities, tools, and access to what they need to raise their children
- are empowered to take control of their own destinies
- know they have a choice to travel their own journey, capturing and sharing their own story
- have a stronger relationship with their children, family and community.



OUR VALUES:

Connection - for families to feel connection to country, place and their people through providing programs which give opportunities to gather, meet and yarn with each other.

Culture – includes working with the local Traditional Custodians inviting them to share knowledge and their stories through the Wunya Baby to Country Ceremony and Wunya Child to Country Ceremony.

Aspirations - we are committed to supporting families, community groups and individuals to achieve their hopes and aspirations by continuing with the work that has been implemented by the Moreton Bay First 1000 Days Working Groups.



'In the Moreton Bay Region, we value that everyone and every family has a story whether it is known or not.'

Development Process

This Strategy Plan 2018–2020 has been developed to guide the work of the Moreton Bay First 1000 Days Executive Committee now and into 2020.

Because of the successful implementation process of the First 1000 Days initiative in the region the Executive Committee wanted to highlight the positive engagement and collaboration with key community and organisational representatives who have been members of the Regional Executive Committee and other Working Groups since the inception of this Strategy in March 2018.



The First 1000 Days Moreton Bay Executive Committee and the Regional Implementation Manager have a shared responsibility for the successful implementation of the First 1000 Days in the Moreton Bay Region.



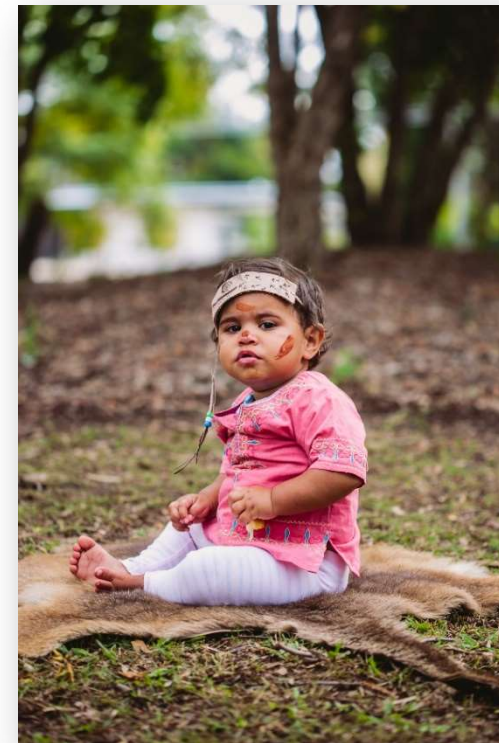
GOVERNANCE

The governance model for the Moreton Bay First 1000 Days Executive Committee places our Elders, families and community members in the central role of providing cultural guidance and direction. The Executive Committee is at the heart of the model with the Wunya Baby to Country, the Wunya Child to Country, A-HA Aspirations-Hopes Achieve and Peer Researcher/Household Survey Working Groups encircling the heart.

All decisions made by the groups were in consultation with the Executive Committee, Elders, families and community members.

Regional Sponsors provided financial support to the initiative, local services working with families of our Future Elders have supported us to roll out the First 1000 Days initiative across the Moreton Bay region.

Every child is a gift to their Family and Community and is a Future Elder.



PROGRAMS IMPLEMENTED THROUGH THE MORETON BAY FIRST 1000 DAYS STRATEGY

WUNYA BABY TO COUNTRY CEREMONIES

The Moreton Bay First 1000 Days Wunya Baby to Country Working Group acknowledge our Elders, sponsors, volunteers, community members, families, facilitators, Masters of Ceremony, the cultural gift makers, and the carers of our future generations for reviving these practices in ways that celebrate our children, our Country and our Connection to this Land. We would like to thank you for your leadership, generosity and for allowing us to use culture to protect our families.

The Moreton Bay First 1000 Days Wunya Baby to Country Working Group recognises the important role that Wunya Baby to Country ceremonies have in meeting the cultural needs of Aboriginal and Torres Strait Islander families and connecting children to Country, Elders and Community. This Strategic Plan honours the cultural contributions of our Community partners in reviving Wunya Baby to Country Ceremonies in the Moreton Bay Region. This opportunity has allowed us to put forward our ideas on how we can work together with the Traditional Custodians to create and renew these ceremonies for families in the region.

The First 1000 Days Australia movement introduced the idea of the Welcome Baby to Country Ceremony to the Moreton Bay Region at the Short Course held in March 2018. From the outset a dedicated group of women from 11 organisations formed the Welcome Baby to Country Working Group, they attended almost weekly meetings to plan and implement this important initiative for families and Babies aged 0-13 months old into the Moreton Bay Region.

The inaugural Welcome Baby to Country Ceremony was held on 7 July 2018 at Barujugan Park, Endeavour Street, Deception Bay. There were 21 Babies Welcomed onto Country by Gubbi Gubbi Elder, Christine Stuart. Babies were aged 0-13 months, they were presented with a kangaroo fur, head band, certificate, native tree and a First 5 Forever bag containing a book and information for parents about the importance of reading to their baby.

The Working Group felt that it was important for families to attend a Pre-Ceremony Workshop prior to the Wunya Baby to Country Ceremony, so that they could meet the Working Group members, the other families and to receive information about the day prior to the Ceremony.

The 2019 Wunya Baby to Country Ceremony was held on Saturday 7 September 2019 at **yourtown** in Deception Bay. There were 43 Babies registered for the Wunya Baby to Country Ceremony and 10 Children were Welcomed onto Country by Kabi Kabi Elder, Aunty Lynette Johannessen, drawing over 300 people on the day.



WUNYA CHILD TO COUNTRY CEREMONIES

The inaugural Wunya Child to Country Ceremony came to life because the Wunya Baby to Country Working Group extended this cultural connection by holding a Wunya Child to Country Ceremony as they didn't want any children to miss out, especially the siblings of the babies that were being Welcomed onto Country. In this ceremony, Aboriginal and Torres Strait islander children living in the region were welcomed to the Country on which they were born or lived.

The ceremony was held in conjunction with the National Aboriginal and Torres Strait Islander Children's Day on 4 August 2018 as was the 2019 Wunya Child to Country Ceremony in Caboolture at Centenary Lakes.



The planning and preparation leading up to the ceremonies aligned with the Moreton Bay First 1000 Days Committee's values. The Ceremonies created opportunities for families to hear from Elders, to be informed of local cultural parenting practices, to bring together different generations and to include children who may be separated from their families.

They are also inclusive of non-Indigenous family/carer members and provided an opportunity for families to be present with their children to connect through a positive shared experience.

In 2018 there were 38 Children Welcomed on to Country by Aunty Hope O'Chin and in 2019 there were 58 Children Welcomed onto Country by Aunty Lynette Johannessen.

Moreton Bay Region's Councillor Adam Hain has donated native bush tucker plants to the children for two years in a row and Glen Doherty has spoken to the parents and children about the plants and invited families to plant them in the existing Bush Tucker Garden at the Centenary Lakes Park.

On the two occasions families have communicated how grateful they are of this special tree planting ceremony because it gives them a connection to this place and gives them a reason to come back, even if it isn't their home country it is somewhere that they and their children now have connection to.

The Working Group felt that, like the Wunya Baby families, it was important for Wunya Child families to attend a Pre-Ceremony Workshop prior to the Wunya Child to Country Ceremony so that they could meet the Working Group members, the other families and to get last minute information prior to the Ceremony. Each year two Pre-Ceremony Workshops have been held, one in Caboolture at the Early Years Place and one at Deception Bay at **yourtown**.

These events have proved very successful and families have expressed that they have enjoyed attending these informal information sessions.

"Each and every one of these Future Elders will forever be connected to this land they have been Welcomed to. This has now become part of their identity".



A-HA (ASPIRATIONS-HOPES ACHIEVE) WORKSHOP

The A-HA Working Group developed the A-HA Aspirations-Hopes Achieve Workshop:

The reason for the focus on Aspirations as part of the Moreton Bay First 1000 Days implementation process was because of the Aboriginal Housing Victoria “More Than a Landlord” household study report which found that only two-thirds of participants reported having many aspirations and generally had a positive attitude towards life.

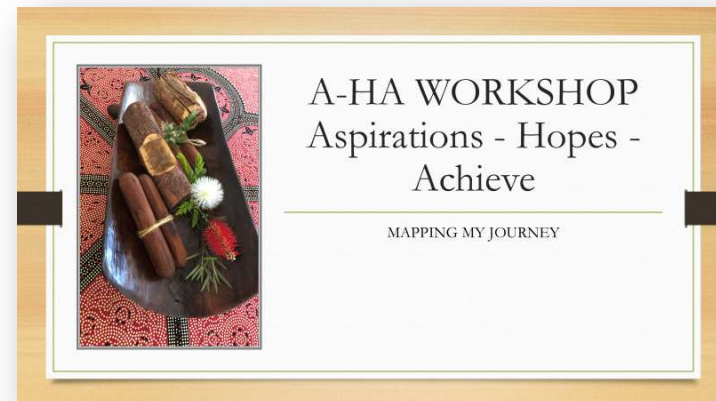
Sixty per cent stated that their main ambition was to be happy and healthy, with health being most important for people aged over 55 years, and happiness a particularly high priority among those aged 24+ years. The highest proportion of people unsure of their main ambition were those aged under 24 years.

Short-term goals included gaining employment and addressing health and wellbeing issues, while longer term goals included building assets and going on a family holiday. The main ambition of one-third of the participants was to have a family, with more than 60 per cent within childbearing age. Owning a home was identified in all short, mid and longer-term aspirations (ahvic.org.au/cms/uploads/docs/final-summit-report-in-full-pdf_13_06.pdf)

The notably biggest influencer of participants’ goals were family members, with 45.6 per cent reporting parents as their largest influencer and 42.1 per cent their children. Overall health (including mobility, loneliness and chronic disease) was of greater concern among householders aged 55 years and over, where anxiety was identified as a significant issue of concern to householders aged between 24 and 55 years.

It made sense for the Moreton Bay and Townsville sites to develop an Aspirations Workshop for families, the A-HA Aspirations-Hopes Achieve workshop was developed. This workshop has been delivered to the Moreton Bay Peer Researchers, Townsville Peer Researchers, parents, organisations and professionals within each region.

In the Moreton Bay the A-HA Workshop has been facilitated to organisations and professionals that work with Aboriginal and Torres Strait Islander families and children in the region. Once the organisations have learnt about the A-HA Workshop and the Why behind it they will be given the resources so that they can deliver the package to the families that they are working with. Peer Researchers have expressed that they would like to facilitate the A-HA Workshop within the community and possibly schools as well.



MORETON BAY PEER RESEARCHERS BECOME LIFE COACHES

As part of the Moreton Bay First 1000 Days implementation process 14 Aboriginal and Torres Strait Islander people were trained to become Peer Researchers; they collected household survey data that would guide future initiatives in the region.



Back Left to Right- Michelle Mundine, Kia Walker, Scott McAnally, Candie Raymond, Tobayah Idia, Sunni Tindall,

Front Left to Right- Nadine Walker, Goodj Walker, Jacintha Geia, Shelly Scobie, Jody Carter, Cheryl Hogan, Bill Hogan, Jackie Bennett and Russell Tighe

Over a period of 10 weeks these community members completed the Peer Researcher Training, Cultural Competence Training and A-HA (Aspirations-Hopes Achieve Workshop). By the end of the ten-week period, 11 Peer Researchers were successful in the collection of surveys from 240 Households and 296 Individuals within the Moreton Bay region.

This was an extraordinary achievement because some of these people had never worked or had very little work experience.

To extend this work and to further empower some of the Peer Researchers a Certificate IV in Life Coaching was offered to the 11 Peer Researchers with 5 and 1 community member deciding that they would like to take up this opportunity. There was enough funding for 5 Peer Researchers from Moreton Bay and 5 Peer Researchers from Townsville, the word went out to the Moreton Bay First 1000 Days Executive Committee to see if someone could sponsor a sixth person. **yourtown** came to the party and funded another person to participate in the Certificate IV in Life Coaching with the Griffith University Life Coaching Academy at the Gold Coast.

Back Left to Right- Lenny Murdoch, Russell Tighe, Tobayah Idia, Jackie Bennett, Candice Raymond
Front Left to Right- Jacintha Geia, Gayle Lawrence and Michelle Mundine



MORETON BAY MEN'S ENGAGING DADS WORKING GROUP- DEADLY DADS

First 1000 Days Australia recognised that transformative moments occur with becoming a first-time parent, and all the responsibility that entails.

The work in the Moreton Bay Region supported and celebrated the roles of mothers, fathers and extended family in ensuring the health and wellbeing of children in their first 1000 days.

However, a focus on mothers and babies, to the exclusion of men, undermines and undervalues the important contribution that men make to their families during those first 1000 days. When men's roles and responsibilities are either not acknowledged or denied, the very foundations of our societies are disrupted and our cultural ways of rearing children in nurturing homes are denied.

At the beginning of the implementation process the Regional Implementation Manager supported a group of men in Moreton Bay to meet and form the Deadly Dads group.

We as men, are concerned for the Social, Emotional/Spiritual and Eco-nomic Well-being of ourselves and others. We feel it is critical that we move forward as a community or 'one mob', in a holistic, inclusive manner/approach to develop the capacity of our community and empower each other!

The group met regularly, they decided as a group that they would register the name Deadly Dads and proceed to get the Deadly Dads Men's Group registered as an Incorporated business with ORIC (Office of the Registrar of Indigenous Corporations).

This process was successful and happened very quickly, once they became their own entity there was no need for the Implementation Manager of First 1000 Days to be involved any further because it was not appropriate for a woman to be in this space.



**BLACK COFFEE IN DECEPTION BAY @
Florentia Florist & Coffee Bar monthly**

First 1000 Days recognises that Aboriginal and Torres Strait Islander people are entrepreneurs in their own right but do not always know how to start their potential business or how to proceed with their business ideas.



As part of Indigenous Business Month rather than reinvent the wheel, in 2018 the Implementation Manager liaised with Lisa Watego from South East Queensland Chamber of Commerce to discuss starting a Black Coffee event in Deception Bay.

The South East Queensland Chamber of Commerce and Townsville Region Indigenous Business Network have developed networking integration within all levels of the community. They are working to strengthen the community and generate increased capacity of Indigenous businesses to discuss starting a Black Coffee-Indigenous Business Network.

Thanks to Lisa the first Black Coffee-Indigenous Business Network was held on the last Thursday of October at the Florentia Florist & Coffee Bar on Bailey Road in Deception Bay. Whilst these are small groups it is an opportunity for those that are in business or just starting up to sit, network and share ideas with likeminded Aboriginal and Torres Strait Islander people.



How will the Moreton Bay First 1000 Days continue in the region?



Even though the Implementation Manager steps away in December 2019 many of the Organisations that have been part of the Moreton Bay First 1000 Days initiative since its inception in the region have committed to continuing with some of the initiatives.

Wunya Baby and Wunya Child to Country Ceremonies:

The Wunya Baby and Wunya Child to Country Ceremonies in the Moreton Bay Region -

These two annual events will continue because they all see value in maintaining these important Ceremonies for babies, children, their families and for the community.

Lady Gowrie's **Caboolture Early Years Place** has devoted funds and a staff member to continue to coordinate the annual Wunya Baby and Wunya Child to Country Ceremonies and the monthly Working Group meetings, to ensure that these cultural events continue. **yourtown** will continue to contribute sponsorship funds and their premises for the monthly meetings and for family gatherings when required. **Red cross, Anglicare, C&K-Childcare & Kindergarten, Caboolture Hospital, PHN** and **IFYS** are enthusiastic to continue to be part of the Executive Committee and will support the Wunya Baby and Child to Country Working Group because they have seen families engage in ways that they have not witnessed before and see the need for these cultural events to continue.

A-HA - Aspirations-Hopes-Achieve:

This piece of work will continue in the region because the materials from the A-HA- (Aspirations-Hopes-Achieve) program that were designed and developed for families and youth in the region (Workbook and Power-Point) were passed on to organisations that attended the A-HA-Aspirations-Hopes-Achieve training on 31 October 2019. We are confident that these organisations now see the importance of working with families about their Aspirations and NOT their OWN.



This work will continue in the region because these organisations have the materials and tools to continue to pass this information on to the families and youth that they are working with.

In addition to organisations implementing the A-HA information through their work with families, some of the Peer Researchers have expressed that they would like to deliver this workshop to youth and families in the region also.

The Black Coffee - Indigenous Business Network:

Because of the interest and monthly attendance these events will continue in Deception Bay post 2019 at the Florentia Florist & Coffee Bar on the last Thursday of every month from 7:30am-9:30am or until people are ready to leave.



We would like to acknowledge the contributions of the following Regional Implementation Group members who have developed this Strategy Plan and those that have been involved in the Implementation Strategy of the First 1000 Days throughout the 18-month implementation process:

- Adrienne Diaz – Red Cross
- Alex Lazo – Department of Housing and Public Works
- Angelika Stuart- Department of Aboriginal and Torres Strait Islander Partnerships
- Ashleigh Stephens – yourtown
- Candice Raymond Pearce – Community Member and Peer Researcher
- Cheryl Casserly- Mercy Community
- Colleen Bishop- Anglicare
- Cristy Yalda – Red Cross
- Daniel Neill- IFYS Integrated Family and Youth Service
- Deb Jackson – Caboolture Early Years Place
- Deb Walker - Mindle Bygul
- Denise Apelt – C&K Childcare and Kindergarten
- Elizabeth Glenbar- Anglicare
- Frankie Buchanan – Save The Children
- Gail Robinson - Learning and Literacy Outreach Program- Deception Bay Communities for Children
- Goodj Walker – Community Member and Peer Researcher
- Jackie Bennett, Regional Implementation Manager, First 1000 Days, University of Melbourne
- Janine Jensen – National Indigenous Australians Agency
- Jason Aridis – Department of Aboriginal and Torres Strait Islander Partnerships
- Jeanelle Gibson – Health Alliance
- Joy Stadelmann- IFYS Integrated Family and Youth Service
- Karen Moran- Department of Child Safety, Youth and Women
- Kathy Dytor – yourtown
- Kerry Arabena, First 1000 Days Australia, University of Melbourne
- Kristal Muggleton – IFYS Integrated Family and Youth Service
- Lynda Mageean - Mindle Bygul
- Lyndsay Domonkos - First 5 Forever, Moreton Bay Region Libraries
- Rebecca Bushnell – Anglicare
- Renee Humphries - Red Cross
- Russell Tighe – Peer Researcher Co-Ordinator
- Sid Doyle – Moreton Bay Regional Council
- Stacey Gwillim - Anglicare
- Tanya Frazer - IFYS Integrated Family and Youth Service
- Warwick Pawsey – Brisbane North PHN
- William Hodges – Department of Aboriginal and Torres Strait Islander Partnerships
- Yvonne Williams - First Nations Advanced Health Worker

Each and every one of the organisations that have been involved have shown how invested they are, they have released staff from their normal work duties to be part of the monthly Executive Committee, Wunya Baby, Wunya Child to Country, A-HA, Peer Researcher/Household Survey and Deadly Dads Working Groups for 18 months.

If these organisations had not been involved the Moreton Bay First 1000 Days implementation journey it would not have been as successful as it was.

The following organisations have assisted in preparing this strategy:



This document has been authored by the Moreton Bay First 1000 Days Executive Committee.